



POLE SPORTS, POLE ARTS and AERIALS ISRAEL 2022 CHAMPIONSHIPS



ADDENDUM 1 REFERENCES

Name of Document	Revision
POSA-Pole-Sport_2022	2022
POSA-Pole-Art-Rules_nw	2022
POSA-Aerials-2022	2022
IPSA-Pole-Sport-Art-Addendum1_2022	2022



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Deadlines

- All deadlines as stipulated in the application form must be adhered to.

Pole Sport & Art & Aerials Championship Starting Order

- The starting order of the championship is as follows.

Beginner athletes

Amateur athletes

Semi-Professional athletes

Doubles athletes

Professional/ Elite athletes

Professional/ Elite Doubles athletes

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Pole Sport & Art & Aerials Stage Appearance Deadline

- Should a competitor fail to appear on stage within 20 seconds after being called, a deduction of 1.0 point shall be made by the Head Judge.
- Should a competitor fail to appear on stage within 60 seconds after being called, the start will be deemed as a Walk Over. Upon announcement of such a Walk Over the competitor loses his/her right to participate in the category in question, he/she will be disqualified.

Pole Sport & Art & Aerials Responsibilities of the Athlete

- To know the POSA Code of Points, POSA Pole Art Rules, POSA Aerial Hoop & Silks Code of Points and conduct themselves accordingly.

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- Athletes under the age of 18 must have an approved guardian (parent/authorized legal representative/coach) with signatory authority.
- Provide information about their legal gender and age.
- To be fully responsible for their personal health condition and ability to compete.
- To avoid injury, all athletes must not undertake elements they are not fully confident and secure in.
- To be fit, healthy and not knowingly pregnant.
- Appear to the stage in time when announced.
- A neat and proper athletic appearance is always mandatory.
- The decision of the judges is final.
- The participant must go on stage to present their championship program according to the order of functions announced by the organizers. Missing her/his turn or delaying the stage (for any reason) that results in a delay in the event schedule is considered a refusal to perform and will result in disqualification.

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- The judges and organizers reserve the right to disqualify a participant who violates the rules at any time during the championship.
- The participant assumes all responsibility for his life and her health during the championship.
- In case of refusal to participate for any reason, the application and/or participation fee is non-refundable. As in World Federations, and National Federations the application and/ or participation fee is used to reimburse costs incurred in the organization of the championship such as venue, payment of judges, including accommodation and ticket airfares, DJ's, fabrication of medals etc. Nevertheless, we will allow the cancelled participant to view the championship free of entrance fee.
- It is forbidden to use open fire and pyrotechnics during the performance.

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Eligible to Compete

The Pole Sport, Art & Aerials Israel Championship 2022 is open to all International and Local and all categories and ages Pole & Aerials Athletes.

Application Fees

- The Pole Sport Israel 2022 Championship application fee is 180 (ONE HUNDRED AND EIGHTY) NIS (New Israeli Shekel).
- The Pole Art Israel 2022 Championship application fee is 180 (ONE HUNDRED AND EIGHTY) NIS (New Israeli Shekel).
- The Aerial Hoop & Silks Israel 2022 Championship application fee is 180 (ONE HUNDRED AND EIGHTY) NIS (New Israeli Shekel).

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- If Pole Sport, Pole Art Israel, and Aerials 2022 Championships are applied for the application fee is 250 (TWO HUNDRED AND FIFTY) NIS (New Israeli Shekel).

Bank Account Details

Application fees must be paid into the following account.

Name of Bank	LEUMI
Name of Account Holder	Jose Rodrigues
Account number	62317823
Branch	816
Type of Account	BUSINESS
Payment Reference	Athlete First + Last Name

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Pole Sport, Art and Aerials Israel Championship 2022 Rules and Regulations Document Revision

The REFERENCES block contains the valid document revision of this document (IPSA-Pole-Sport-Art-Addendum1_2022). Other revisions are invalid.

Pole Sport, Art & Aerials Divisions

Beginner max 0-8 months in this division.

Amateur max 8 months-2 yr. in this division.

Semi-Professional has not won a championship.

Professional/Elite.

Refer to POSA-Pole-Sport_2022 document, Paragraph 3.5 Categories, Page 13



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Refer to POSA-Aerials-2022 document, Paragraph 3.5 Categories, Page 9

Definitions

Beginner

- A maximum of 0 to 8 months of training.
- Recently registered at a studio.

If an athlete's abilities and performance are above those of a beginner, she/ he will be promoted to the next category.

Amateur

- An athlete that does not coach, instruct, teach, and/ or receive earnings for performances.

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- Athletes who are amateurs who have never competed in more than two championships in Pole Sport and/ or Pole Art.
- Athletes who are amateurs who have never competed in more than two championships in Aerial Hoop and Silks.

Semi-Professional

- Coaching, instructing, teaching at the beginning level.
- As an amateur, won a competition.
- An athlete who has competed in Pole Art and/ or Pole Sport more than twice as an amateur.
- An athlete who has competed in Aerial Hoop and Silks more than twice as an amateur.
- Not a professional athlete.

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Professional

- Champions.
- Elite.
- An athlete who participated in qualifiers and world championships.

Pole Sport & Art & Aerials Categories

Refer to POSA-Pole-Sport_2022 document, Paragraph 3.4 Categories, Page 12

Refer to POSA-Aerials-2022 document, Paragraph 3.4 Categories, Page 8

Pole Sport Act (performance) Costumes and Make-up

- Hair must be secured close to the head, pigtail or ponytail is allowed, but its length must not exceed the shoulders.

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- Face must be clearly visible without any disturbing element.
- Athletes cannot wear any kind of shoes; only bare feet are permitted.
- Make-up can be for both men and women but used sparingly, the face must be visible, the makeup cannot completely cover the face, but it must be limited to the area of the eyes and the upper part of the cheeks.
- Loose and additional items to the attire are not allowed. Strass, sequins, and other types of sewn or glued embellishments may be attached to the attire.
- Jewellery or piercings must not be worn.
- Torn or ripped costume and/or undergarments must not be shown during a performance.
- Leather, latex, PVC, or rubber are not suitable materials for the attire.
- Attire must be in non-transparent material in intimate parts (chest, groin, and buttocks).
- Swimwear or bikinis are not allowed.

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- Attire depicting war, violence or religious acts are forbidden.

Pole Art Act (performance) Costumes and Make-up

- Costumes should not be intentionally removed.
- Costumes must correctly fit.
- Costumes can be used in an erotic manner.
- Female costumes cannot include the following.
 - Thong, pasties, garter belts, and guepiere (body shaper with suspenders).
 - Nylon stockings, underwear, swimwear, or bikinis.
 - Transparent clothing that does not cover the breast or the pelvic area - PVC or rubber, oil, or water.
- It is expressly forbidden to perform semi-nude, improperly dressed or in an overtly erotic manner.

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- To avoid unpleasant cultural situations and unpleasant misunderstandings, the face cannot be completely made up of any colour, 3/4 of the face must be visible and not covered by makeup.
- Face masks are not allowed.
- Footwear and high heels are allowed.
- Athletes in categories Senior/Master 40+/Master 50+ may perform sensual movements relevant to their act (performance).

Pole Art Props

- Props are allowed.
- The athlete must be able to place and remove all props from their placed position on the stage within a maximum period of one (1) minute upon commencement/completion of his/ her performance without assistance.

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- Human/people props not permitted.

Pole Sport Championship Attire

Refer to POSA-Pole-Sport_2022 document, Paragraph 5.5.2 Competition Attire, Page 19.

Aerial Hoop & Silks Championship Attire

Refer to POSA-Aerials-2022 document, Paragraph 5.5.2 Competition Attire, Page 16.

Pole Sport Deductions, Warnings, Disqualifications

Refer to POSA-Pole-Sport_2022 document, Paragraph 12.1 Summary of Deductions, Warnings and Disqualifications, Page 45.

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Aerial Hoop & Silks Deductions, Warnings, Disqualifications

Refer to POSA-Pole-Sport_2022 document, Paragraph 12.1 Summary of Deductions, Warnings and Disqualifications, Page 43.

Pole Art Execution Deductions

Refer to POSA-Pole-Art-Rules_nw document, Paragraph 4. Execution Deductions, Page 5.

Pole Sport & Art Cleaning of Poles Static and Spinning

- With reference to the audience field of view, the static pole must always be on the left side of the stage, and the spinning pole on the right side of the stage.
- At least two (2) pole cleaners will clean all poles prior to each athlete's performance (one or two cleaning crews per pole).

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- Clean the poles in their entirety; first with a grease remover, then with a dry towel/cloth.
- Athletes permitted to check the poles before they compete and may ask for a second cleaning.
- Athletes may clean the poles themselves if they prefer but must use the cleaning products provided by the organizer.

Pole Sport & Art Gripping Solutions

Dry Hands

Dry Hands is a performance enhancing solution that alleviates grip problems caused by perspiration or rain.

- Dry hands application prior to athlete entering stage.

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- Apply grip to their hands, feet, and body only.
- All grips must be applied to the skin and skin only and **not** directly to the poles.
- Grip gloves may only be used with medical documentation.

Aerosolized Gripping Products

- Gorilla Grips, Rosin, Stickum, dance pitch or any form of aerosolized gripping products which could affect performances of other athletes or causing allergy are not allowed.
- Athlete must inform the organizer for any new or unconventional gripping solutions in advance, so they can be tested and approved.

Pole Sport, Art, and Aerials Unprecedent Circumstances

- Incorrect music is cued.

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- Equipment malfunction causing music problems.
- Site malfunctions such as lighting, equipment, stage.
- The introduction of any foreign object into the stage by any individual other than the performing athlete.
- Any circumstances causing a walk-over out of the performing athlete's control.

It is the responsibility of the athlete to stop the routine immediately if any of the above-mentioned arises. An objection after the completion of the routine will not be accepted. To abate it is important that every competing athlete at the championship has an USB memory device that contains their performance music file and professional headshot image.

Pole Sport, Art and Aerials Length of Routine and Music

The routine must be performed, in its entirety, with music. Any style of music adapted for Pole Sports, Art and Aerials can be used.

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First tone of the music identifies start of the routine; last tone of the music identifies end of the routine.

Division	Music/ Routine Duration (minutes)
Beginner	2:00
Varsity, Junior A, Junior B	3:20 to 3:30
Seniors, Masters	3:50 to 4:00

Pole Sport, Art, and Aerials Music

Music Synchronization to Choreography

- It is important that athletes synchronise their music to their choreography/ performance.
- Music beginnings and endings used for.

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- The cue for judges to determine the beginning and ending of an athlete's performance.
- The rhythmic synchronization between an athlete's music and their performance level, fluidity, and timing of creativity of movements on and off the pole.
- Lack of synchronization may result in the deduction of points from the athlete's awarded performance total points.

Licensing of Music for your Choreography

To use "recorded" music for your performance you might be subject to licencing. Ensure that you have obtained the required licenses. By the athlete appending his/her signature to the Application Form he/she hereby indemnifies Pole Sport, Art and Aerials Israel 2022 and the Venue, its employees inclusive of representative shall not be liable for any claim whatsoever

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of nature is hereby indemnified by the athlete from any claims whatsoever nature arising from the athlete chosen music.

Music Types/Genres

All music types/genres, inclusive or exclusive of lyrics, permitted.

Music File Format & Naming Convention

Format

File extension should be MP3 or MP4

Naming Convention

MUS_first name + last name + first 4 digits of identification number.MP3

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Example

First Name: John

Last Name: Smith

Identification number: 1234567890

MUS_JohnSmith1234.MP3 or MUS_JohnSmith1234.MP4

Pole Sport, Art, and Aerials Stage

Stage and Floor

- The podium (stage) will be at least 8m x 8m in size and less than 10m x 10m.
- The floor will be wood or linoleum.
- Aerial Hoop & Silks – the stage will be covered with a mat or judo.
- The lights will be fixed, clear, white and/ or blue to allow the best view of the judges.

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Competition Poles

- With reference to the audience field of view, the static pole must always be on the left side of the stage, and the spinning pole on the right side of the stage.
- The poles diameter is 45mm (milli-meters)
- The distance between the poles is 3m (meters).

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